



SA CONSULTING

**Driving Results through Courageous,
Inclusive Leadership and Teams**



MASTERCLASSES

www.sharonamesu.co.uk

SA CONSULTING

SA Consulting was founded by Sharon Amesu in 2014.

Sharon is a multi-award-winning TEDx Speaker, Executive Coach and Leadership Facilitator. She formerly practiced as a Criminal Barrister for 16 years and now takes the lessons from the Courtroom to help leaders from the Boardroom to the Staff room.

At SA Consulting, we specialise in developing courageous leaders and high-performing teams through our proprietary models and frameworks. Our team of expert coaches, consultants, and trainers, partner with organisations to build leadership confidence, foster meaningful connections, and create inclusive, high-trust workplaces.

Through our keynote speaking, corporate training, executive coaching, and consulting services, we equip leaders with the skills to navigate complexity, drive change, and inspire their teams to excel. By focusing on courageous leadership and the power of trust, we help organisations unlock potential, improve performance, and shape the future of work.



WHO WE ARE

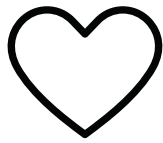
SA Consulting is a boutique consultancy specialising in Leadership Development and Diversity and Inclusion. We work with forward thinking, ambitious organisations aiming to drive business results by building inclusive, values driven cultures.

We understand that the culture of an organisation is largely based upon the quality of the conversations between individuals, groups, teams and departments.

Our aim is to equip your people with the skills to be impactful and inclusive leaders at every point of interaction. We work with you to take every opportunity to lead and build through communication. We specialise in creating conditions for collaboration to thrive. We support this process through a customised solution tailored to your context.



OUR VALUES



COURAGE

We empower leaders to make tough decisions, embrace vulnerability, and create positive change, even in the face of uncertainty.



JUSTICE

We are committed to fairness, equity, and creating workplaces where everyone has the opportunity to thrive.



HOPE

We inspire leaders to see possibility in every challenge and create a future built on resilience and optimism.



CONNECTION

We believe that trust and meaningful dialogue are the foundation of strong leadership and high-performing teams.



OUR APPROACH

EXPLORE

We work with you to get a clear picture of where you are right now. Using interviews, focus groups and surveys we support you to identify the right solution to support your people.

ENGAGE

Using the solutions we have identified, we support you to develop your team through a range of solutions, including, Keynote presentations, facilitation and consulting.



EVALUATE

We evaluate the impact of our work or the effectiveness of your existing programmes to ensure that they're fit for purpose and serving you well.

EMBED

We support you to ensure that areas of good practice are developed and embedded into your organisation's policies and practices.

OUR MASTERCLASSES

We offer a range of masterclasses to support your leaders and managers to be more courageous and inclusive in the workplace.

Through our facilitated workshops and programmes we create a space for your teams to have candid conversations about the impact of their Leadership and their ability to build more Diverse and Inclusive workplaces, in a safe and supported environment.

The sessions are 90 mins, half day or full day in length and can be delivered either in person or online.



MASTERCLASS TOPICS

Inclusive Leadership at Work

This workshop equips participants with the skills to lead inclusively. Through interactive discussions and exercises, attendees learn practical strategies for fostering diversity and inclusion within their teams and organisations. This session provides actionable steps for becoming more effective and empathetic leaders, driving positive change in their workplaces and beyond.

Creating a Culture of Trust: Psychological Safety in the Workplace

A high-performing workplace starts with psychological safety—the foundation of trust, innovation, and collaboration. In this workshop, we help leaders and teams create environments where people feel safe to speak up, take risks, and bring their full selves to work. Through interactive discussions and actionable strategies, participants will learn how to foster open communication, handle difficult conversations, and build a culture where everyone thrives.

Key Woman of Influence

This workshop empowers female leaders to maximise their impact. Through interactive discussions and exercises, participants learn practical strategies to overcome challenges and leverage their strengths effectively. This session provides actionable steps for advancing in their careers and making a difference in their communities.



MASTERCLASS TOPICS

Leading with Executive Presence

This interactive workshop, equips participants with tools to build confidence, refine communication skills, and master effective leadership techniques. By engaging in practical exercises and exploring real-world scenarios, attendees acquire actionable strategies to increase their influence and impact within their organisations. This workshop equips professionals with the mindset and tools necessary to navigate challenges assertively and lead with authenticity, fostering meaningful change.

Resilient Leadership: Thriving Through Challenges

Resilience is the key to navigating uncertainty, overcoming setbacks, and leading with confidence in an ever-changing workplace. In this workshop, we equip leaders and teams with the mindset and strategies to adapt, stay motivated, and maintain focus under pressure. Through practical tools and real-world insights, participants will learn how to build personal and collective resilience, fostering a workplace culture where challenges become opportunities for growth.

Leading with Accountability: Building a Culture of Ownership and Trust

Accountability is the backbone of high-performing teams and successful organisations. In this workshop, we help leaders and teams cultivate a culture where responsibility, trust, and follow-through are the norm. Participants will explore practical strategies to set clear expectations, foster open communication, and create an environment where individuals take ownership of their actions and results. By shifting accountability from blame to growth, organisations can drive performance, strengthen team dynamics, and achieve lasting success.



WORK WITH SA CONSULTING

The rate for a Masterclass starts at £3,500.

If you'd like to book a Masterclass or hear more about how we can support your organisation please complete our **Speaker and Consulting Request Form**.

For any additional questions, email us at:
enquiries@sharonamesu.co.uk

We look forward to hearing from you.



RECENT TESTIMONIALS

Sharon is inspiring, articulate, insightful and passionate. Sharon was a guest speaker at our Leadership Summit and our Start of the Year Conference. She artfully held her audience with her powerful message and was able to relate to her audience with authenticity. Exceptional!"

Normandie Wragg, CEO Nugent

"Sharon spoke at the launch of our 'Leadership NOW! Housing Programme' and I cannot recommend her highly enough both as a person and excellent public speaker. Sharon's talk was engaging, powerful, informative, inspiring and received incredible feedback from attendees along with a well deserved 'virtual standing ovation' via Zoom. I am so impressed by her ability to understand her audience and tailor the right message to those listening. One of the many positive bits of feedback we had from attendees, included one attendee who said; "I felt like I could move mountains after listening to Sharon!"

Phil Whitman, Client Solutions Partner- Gatenby Sanderson

RECENT CLIENTS INCLUDE:



Contact Us:

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